



**Transforming
health and social care**
in Kent and Medway



Improving urgent stroke services in Kent and Medway

Consultation summary

Transforming health and social care in Kent and Medway is a partnership of all the NHS organisations in Kent and Medway, Kent County Council and Medway Council. We are working together to develop and deliver the Sustainability and Transformation Plan for our area.

Today's agenda

Time	Agenda	Lead
	Welcome, introductions, purpose of meeting	
	Overview presentation	
	General Q&As	
	Focussed discussions	
	Feedback on discussions to the room	
	Next steps and close	



Preventing stroke

We are consulting about services for people who have a stroke. But there are things we can all do to reduce our risk of stroke.



Diet: an unhealthy diet may lead to increased blood pressure and cholesterol levels



Exercise: regular exercise helps maintain a healthy weight, lower cholesterol and keep blood pressure healthy



Smoking: significantly increases stroke risk by narrowing arteries and increasing the risk of blood clots



Alcohol: too much alcohol can lead to high blood pressure and trigger an irregular heartbeat (atrial fibrillation)



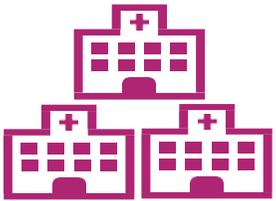
Find out more at

www.nhs.uk/conditions/stroke/prevention/

An NHS Health Check can help identify if you are at increased risk of stroke

Our proposal

- Staff do their very best, but our hospitals **do not consistently meet national standards for clinical quality.**
- We want everybody to have the **best chances of survival and recovery from stroke** regardless of when or where the stroke happens
- To do this we must **reorganise our stroke services.**



We want to develop 24/7 urgent stroke services

- Hyper acute stroke units
- Acute stroke units
- Transient ischaemic attack ('mini stroke') clinics

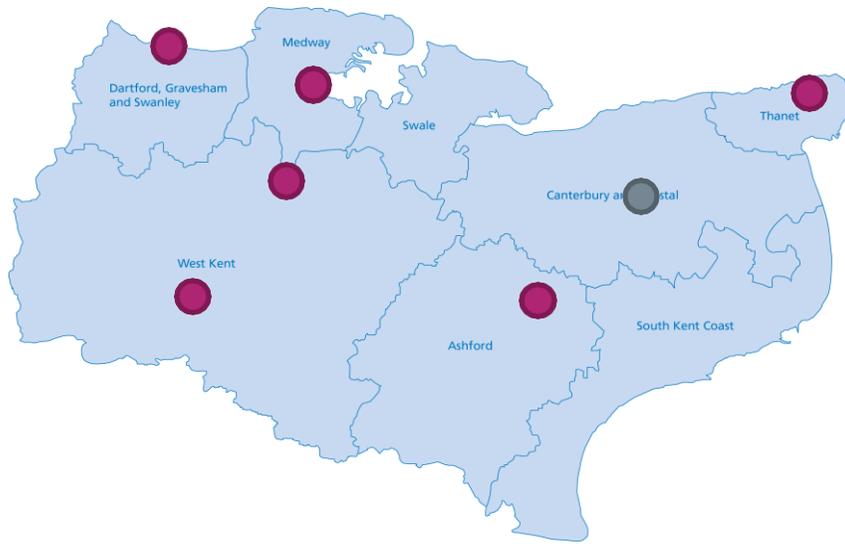
Investing up to £40m in hospitals and recruiting more staff



Stroke and current services in Kent and Medway

Stroke is a serious life-threatening condition caused by a blood clot or bleed in a blood vessel in the brain.

- Around 3,000 people living near a Kent and Medway hospital have a stroke every year
- Over 800 people in Kent and Medway die from stroke each year and many more suffer on-going disability



Six of our seven hospitals currently provide some urgent stroke care across Kent and Medway.

But we are **not consistently meeting national quality standards** or delivering best practice care.

How well people recover is affected by speed and quality of treatment



Current challenges – our case for change

Specialist stroke resources are spread too thinly and most hospitals do not meet national standards and best practice ways of working.

24/7 access is not consistently available

for consultants, brain scans and clot busting drugs



One in three stroke patients are **not getting brain scans** in recommended time after arriving at hospital



Only 1/3 of the stroke consultants needed to deliver a best practice service in all hospitals



Half of appropriate patients **not getting clot busting drugs** in recommended time after arriving at hospital



Only one unit seeing enough stroke patients

for staff to maintain and develop expertise (recommended minimum of 500 stroke patients per year)



Hyper acute stroke units in action



Run 24 hours a day, 7 days a week



Always have access to a stroke consultant, including daily consultant ward rounds



Able to do brain scans and give clot-busting drugs within 2 hours of calling an ambulance, round the clock



Staffed by teams of stroke specialist doctors, nurses and therapists



Inpatient care for first 72 hours is on the hyper acute unit, follow up care is also on specialist acute stroke unit



Benefits of change

Consolidating urgent stroke services would help deliver consistently high-quality care regardless of where people live or when a stroke/TIA occurs

- a reduction in deaths from stroke
- fewer people living with long-term disability following a stroke
- fewer people losing their independence and being admitted to nursing/care homes following a stroke
- shorter stays in hospital
- fewer vacancies within the stroke services and less turnover of staff
- improved experiences for patients and staff through best practice care delivered in specialist units 24 hours a day, seven days a week.



How did we choose the shortlist of options?

We looked a number of different areas to decide which options to shortlist. These areas were discussed with a wide range of stakeholders including patients and the public



Quality of care for all



Access to care for all



Workforce



Ability to deliver



Affordability and value for money



Options for consultation

We are consulting on

- The proposed move to a new way of delivering urgent stroke care
- The development of three sites into new stroke units
- A shortlist of deliverable three-site options

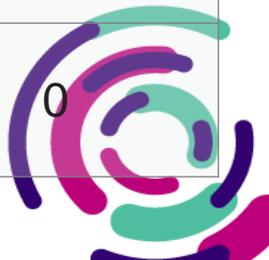
Option	Hospitals
A	Darent Valley Medway Maritime William Harvey
B	Darent Valley Maidstone William Harvey
C	Maidstone Medway Maritime William Harvey
D	Tunbridge Wells Medway Maritime William Harvey
E	Darent Valley Tunbridge Wells William Harvey

- Options are not ranked in order of preference.
- A preferred option will be agreed after consultation.
- Urgent stroke services would **not be available at other hospitals** in Kent and Medway.



Comparison of options

		A Darent Valley, Medway, William Harvey	B Darent Valley, Maidstone, William Harvey	C Maidstone, Medway, William Harvey	D Tunbridge Wells, Medway, William Harvey	E Darent Valley, Tunbridge Wells, William Harvey
Hospital site locations 						
Population within  45 mins by ambulance		91.0%	91.3%	91.3%	92%	91.9%
Population within  60 mins by ambulance		99.9%	99.9%	99.9%	99.9%	99.9%
Capital investment 		£30.82m	£36.29m	£37.86m	£35.95m	£30.63m
Extra stroke doctors needed 	In K&M	8	8	8	8	8
	Outside K&M	0	0	2	2	0



Concerns

Since starting the Stroke Review in 2014, we have been talking to staff, patients, the public and wider stakeholders. Issues already raised include:

Is three the right number

Why not have a hyper acute stroke unit at every hospital?



Why not centralise everything on one site?

Recruitment & retention

Can we recruit enough staff for the proposed changes?



Will staff be willing to move to new locations?

Travel times

Can ambulances get people to a hyper acute stroke unit fast enough?



Can relatives and carers visit easily?

Impact on other hospitals

Will sites that lose stroke services suffer?



Are hospitals outside Kent and Medway affected?



Our questions to you

- Do you think the reasons for change are justified?
- Do you agree with the proposal for three hyper acute stroke units?
- Do you think the proposed changes will improve access and the quality of care for stroke patients?
- What do you think about the way we have chosen the options for consultation?
- How would you rank the proposed options?
- Is there anything else we should consider?



Giving your views

- **Read more about the proposed changes**
Visit www.kentandmedway.nhs.uk/stroke
for more information including:
 - pre-consultation business case
 - travel time modelling
 - options evaluation process
 - integrated impact assessment and more
- **When you are ready to respond**
Complete the consultation questionnaire
online, by post or by phone



Contact us

Email: km.stroke@nhs.net

Telephone: 0300 7906796

Post: FREEPOST Kent
and Medway NHS



The deadline for all responses is
midnight on the 13th of April 2018

